



# How to make a DIY FACE MASK

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## NEED:

- **2pcs 7"x7"** 50/50 Cotton Poly blend Tee Shirt or Jersey, or 100% Cotton Tee Shirt or Jersey or Tight-Weave Quilters Cotton
- \*Fabric must be new and never used. If washing avoid fragrant soaps.

## MASK A

- **2pcs 36"** Bias Tape ½" wide (no satin ribbon)
- **2pcs of 7"** Bias Tape 1" wide
- **1pc of 5"** Nose-Bridge wire (if available)

## MASK B

- **2pcs of 7"** of 1/4 inch elastic
- **1pc of 23"** Bias Tape 1" wide (1" extra for sewing ease, trim as needed)
- **1pc of 5"** Nose-Bridge wire (if available)

\*NOTE: Mask must have a pouch so that a filter insert can be placed between the fabric

## Mask A (Tie)

## Mask B (Elastic)



# 1

Cut 2 pieces of 7"x7" fabric and put the back sides of cotton fabric together so that the right sides face out.

# 2

Make 3 folded pleats with fabric together and pin on the sides to hold in place.

# 3A

Place nose bridge wire (if available) centered across top/front layer and place 1pc 7" of 1" bias tape over top front layer edge (back layer will stay loose, this will create the pocket needed to insert disposable filter). Use a straight stitch.

# 3B

Use 1pc 23" of 1" bias tape and place nose bridge wire (if available) centered across top/front layer. Sew front layer with Bias tape/wire (back layer will stay loose, this will create the pocket needed to insert disposable filter).

# 4A

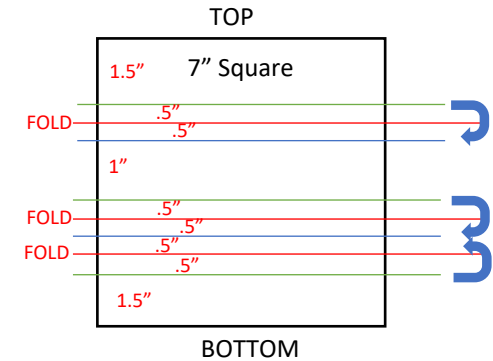
Sew bottom 2 pieces together with 1" bias tape and straight stitch.

# 4B

Place ¼" elastic edges facing fabrics outer edge along the top and bottom corner of the front side of mask. Straps should be pointing inward on the front of the mask. Sew side pieces of fabric together with elastic edges tucked inside the 1" bias tape and use a straight stitch along the length of the mask side. Ensure both edges of elastic are secure by giving it a tug. Tuck bias tape corners for continuous stitch and sew both sides together along the bottom length of mask. Tuck bias tape at corner and place elastic on sides. Finish sewing with a reverse stitch. Trim Bias Tape as needed.

# 5A

Center Mask A's ½" Bias Tape tie with the side center of the mask and pin. Sew right side pieces together with bias tape laid on front top using a zig-zag stitch along the length of the mask side. Be sure cotton jersey edges do not stick out. Reverse stitch to start and finish for added seam security. ½" bias tape will hang loose for tying. Repeat on the opposite side.



- OVER FOLD
- FOLD MEETING POINT
- INSIDE FOLD

**PLEASE INCLUDE THIS INFO  
SAFETY-PINNED ON EACH MASK**

MADE BY: (ex/ organization or business name here)

DATE:

STRAPS:  
(ex/ Cotton Twill Tape or Elastic)

MASK CONTENT:  
(ex/ 100% Cotton Jersey, etc.)

Thank you for helping health-care workers during this time of great need. For questions please email: [carrie@ecclesiasticalsewing.com](mailto:carrie@ecclesiasticalsewing.com)  
SHIP TO: Wheelhouse Marketing & PR  
100 Austin Street  
Fort Worth, TX, 76107

